



Your Upcoming Tour Information

# BUENOS AIRES, ARGENTINA



## TOUR DETAILS

Join us on a vibrant live-streamed tour of Buenos Aires as we dive into the world of street art. From colorful murals to hidden gems, this tour explores the stories behind the city’s most iconic and thought-provoking works of art. Discover the rich cultural history, the artists’ messages, and the ever-evolving urban landscape that has made Buenos Aires a global hub for street art. Let us guide you through this visual feast and bring the streets of this dynamic city to life!



## ★ MEET YOUR TOUR GUIDE: GRACE



Grace is passionate about the vibrant soul of Buenos Aires and specializes in uncovering the city’s dynamic street art scene. With a deep love for urban creativity and a keen eye for hidden gems, she brings the city’s walls to life—sharing the stories, politics, and personalities behind each mural. Whether it’s a bold political statement or a splash of color in a quiet alley, Grace connects visitors to the heart of Buenos Aires through its ever-evolving street art.

**PRIVATE TOURS | Your guide** is available for private tours, live-streamed or in person. It’s a special way to celebrate a birthday, anniversary, holiday, or special occasion - or to add to an upcoming trip. Please reach out to Wowzitude and we will be happy to connect you.

## i WHAT TO EXPECT

Get ready for something special. We're traveling without a passport, no plane ticket and no luggage. And yet you'll experience all the sights, sounds and stories with just your laptop, favorite snack and amazing guide.

**The tour will be live** streamed by your guide directly from their destination. While on the tour you’ll be able to see a full screen video of your guide and their surroundings, interact with them and other travelers.

## 🎵 MUSIC SELECTION

- Adios Nonino - Astor Piazzolla <https://www.youtube.com/watch?v=VTPec8z5vdY>
- Por Una Cabeza - The Tango Project <https://www.youtube.com/watch?v=H7xtMmwLlFo>
- Don't cry for me Argentina Madonna <https://www.youtube.com/watch?v=qdX33CqIRTI>



## YERBA MATE

### INGREDIENTS

- 1/2 Cup Organic Yerba Mate
- Water to taste

### PREPARATION

1. Pour some yerba mate tea into your mate cup (until it is ¾ full)
2. Pour warm water onto part of the yerba mate.
3. The yerba is now getting wet and the infusion is starting to take place. Wait 30 seconds.
4. Put mate straw into the wet yerba mate tea.
5. Pour in hot water softly. Add sugar to taste to the mate if you want to sweeten it and drink yerba mate.



## BEEF EMPANADAS

### INGREDIENTS

- 1 large russet potato, peeled, diced into 1/4 inch cubes
- 2 tbsp olive oil
- 3/4 lb ground beef
- 1/2 medium onion, grated
- 1 small carrot, grated
- 1 rib of celery, finely minced
- 2 cloves of garlic, minced

- 1/2 tsp chili powder
- 1 tsp ground cumin
- 1/2 tsp ground cinnamon
- 3/4 cup beef broth
- 1/2 cup peas
- 1/2 tsp salt
- 1/2 tsp pepper

### CRUST INGREDIENTS

- 2 1/2 cups all purpose flour
- 1/2 tsp sea salt
- 4 oz unsalted butter, chilled and cut into 1/4 inch cubes
- 1 large egg, room temperature
- 1/3 cup ice water
- 1 egg, beaten for egg wash

### PREPARATION

1. Make the pastry dough: Pulse the flour and salt in a food processor. Add the butter, 1 large egg and ice water, pulsing until the mixture resembles coarse crumbs. Shape the dough into a ball. Tightly cover the dough in plastic wrap and place in the refrigerator for at least 30 minutes.
2. Prepare the filling: Fill a medium size pot ¾ full with water and bring to a boil. Add the cubed potato to the pot and boil until tender, about 3 minutes.
3. Meanwhile, in a large skillet set over medium, heat the olive oil until shimmering. Add the ground beef along with the onions, celery and carrots. Cook until the beef is browned and vegetables are softened, about 8 minutes. Once potatoes are cooked, drain and add them to the ground beef mixture.
4. Add the garlic, chili powder, cumin, cinnamon and beef broth, cook 1 minute longer until spices are fragrant. Add and peas and simmer over medium heat until everything is fully incorporated and most of the liquid has been absorbed. Season with salt and pepper.
5. Preheat oven to 375°F and place rack into the center of the oven.
6. Remove dough from refrigerator and divide it into 10 equal part—roughly 2.2 oz each. Roll each piece of dough very thin on a lightly floured surface until you have a circle roughly 7” wide. Working with one at a time add a heaping ⅓ cup of filling onto one side of the dough.
7. In a small bowl, mix together the beaten egg with 1 tablespoon of water. Wet a pastry brush with egg wash and dampen the inside ¼ inch edge of the dough. Fold the dough in half over the filling. Using a fork, firmly press the edges together. Repeat this process with remaining dough and filling and arrange on a parchment lined baking sheet.
8. Brush the tops of each empanada with the egg wash until coated. Bake for 35 min or until golden brown.



## BUENOS AIRES, ARGENTINA – SNACKS



- **Alfajores** - These are shortbread cookies sandwiched together with a sweet dulce de leche filling and often coated in chocolate on the outside. Alfajores are a beloved national treat in Argentina.
- **Facturas** - These are various types of pastries, such as medialunas (croissant-like pastries), vigilantes (sponge cakes), and bolas de fraile (fried dough balls). Facturas are commonly eaten for breakfast or snacks with coffee.
- **Empanadas** - These are handheld savory pastries stuffed with fillings like beef, chicken, ham and cheese, or vegetables. Empanadas make for a portable and satisfying snack sold at cafés and street food vendors.

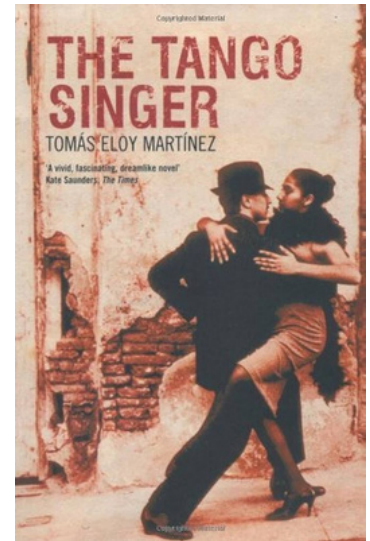


## BUENOS AIRES, ARGENTINA – BOOKS



### BOOK SELECTION

- **"The Tango Singer" by Tomás Eloy Martínez** - This novel follows a famous tango singer who returns to Buenos Aires after decades in exile. It delves into the city's tango culture and turbulent political history.
- **"The Disappeared" by Gloria Whelan** - This young adult novel follows a teenager living in 1970s Buenos Aires whose parents become "disappeared" by the military junta's brutal regime. It explores a dark period in the city's past.
- **"The Rabbit House" by Laura Alcoba** - This semi-autobiographical novel recounts Alcoba's childhood in 1970s Buenos Aires, where her family's house was used as a meeting place for Montoneros guerilla activists opposing the military junta. It provides a child's perspective on a turbulent period in Argentine history through spare but gripping prose. Widely acclaimed and translated from the original Spanish.



## BUENOS AIRES, ARGENTINA – MOVIES



### MOVIE SELECTION

- **The Secret in Their Eyes (2009)** - This Argentine crime thriller directed by Juan José Campanella takes place in Buenos Aires and follows a retired legal counselor writing a novel about one of his unresolved cases. It won the Academy Award for Best Foreign Language Film.
- **Sidewalls (2011)** - This Argentine drama film directed by Gustavo Taretto depicts the lives of the residents in a low-income neighborhood of Buenos Aires. It offers a gritty, realistic portrayal of life in the city's villas miserias (shantytowns).
- **Evita (1996)** - Starring Madonna in the title role, this biographical musical drama chronicles the life of Argentine first lady Eva Perón set primarily in 1930s-1950s Buenos Aires. It's based on the Broadway musical of the same name.

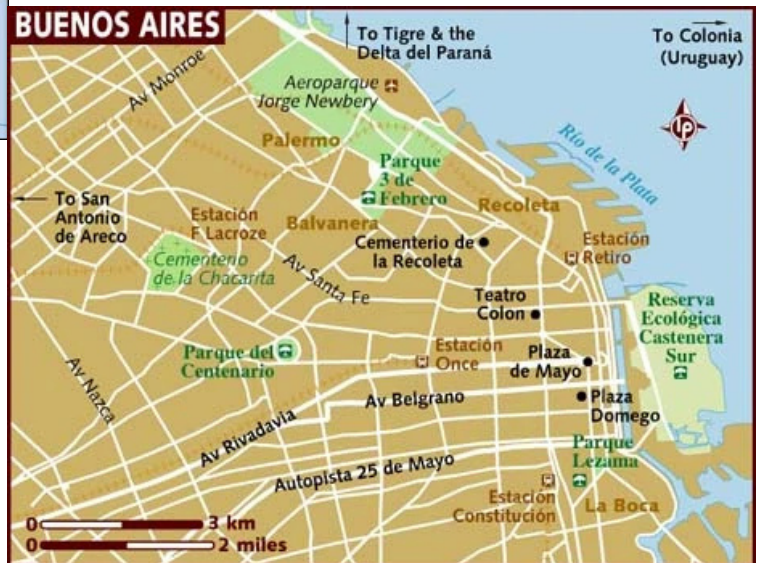


# BUENOS AIRES, ARGENTINA – FUN FACTS

**FUN FACTS**

1. Evita Perón's Tomb: Despite being one of the most famous residents, Eva "Evita" Perón was not buried in La Recoleta immediately after her death. Her body was moved several times and was only laid to rest in La Recoleta 20 years later, in a family crypt that is heavily fortified to prevent theft or vandalism.
2. City of the Dead: La Recoleta Cemetery is often referred to as a "city within a city" because of its sprawling layout of mausoleums and streets, which resemble a small neighborhood complete with ornate "buildings" and winding paths.
3. Architectural Marvels: The cemetery is home to some of Argentina's most talented artists and architects who designed many of the tombs and sculptures. The mausoleums range in style from Art Deco to Baroque to Neoclassical, showcasing a stunning variety of architectural styles.
4. The Cemetery's First Resident: The first person buried in La Recoleta was Rufina Cambaceres, a 19-year-old girl who tragically became one of the cemetery's most famous legends. Rumor has it she was mistakenly buried alive, leading to tales of her ghost haunting the grounds.
5. Famous Residents: Beyond Evita, La Recoleta is the final resting place of many other famous Argentinians, including former presidents, Nobel Prize winners, and writers, making it a "who's who" of Argentina's elite.

## BUENOS AIRES, ARGENTINA – MAP



# **BUENOS AIRES, ARGENTINA – DISCUSSION QUESTIONS**



## **Food and Culture:**

- What similarities and differences do you notice between Argentine cuisine and the foods we're familiar with?
- Can you recall any traditional Argentine dishes or foods mentioned during the tour that piqued your interest? Have you ever tried anything similar before?

## **History and Architecture:**

- How did the architecture we saw in Buenos Aires reflect its rich history, including its colonial past and European influences?
- Were there any specific buildings or landmarks that stood out to you during the tour? What stories or historical events do you think they might hold?

## **Stories of Interest:**

- The tour guide mentioned the history of tango in Buenos Aires. Have any of you experienced or learned about tango before? What do you think makes it such an iconic part of Argentine culture?
- Were there any anecdotes or stories shared during the tour that resonated with you or sparked your curiosity?

## **Current Affairs:**

- From what we saw and learned during the tour, what aspects of modern life in Buenos Aires do you find most intriguing or surprising?
- How do you think Buenos Aires has changed over the years, and what challenges or opportunities might the city be facing today?

## **Cultural Comparisons:**

- In what ways do you think the culture of Buenos Aires differs from or resembles our own? Are there any aspects of Argentine culture that you find particularly appealing or intriguing?

## **Art and Expression**

- What emotions or messages do you think the artist is trying to convey in this mural?
- How does this piece compare to street art you've seen in other cities or countries?
- Do you think street art should be preserved like traditional art in museums? Why or why not?

## **Culture and Identity**

- How do you think street art reflects the identity of Buenos Aires?
- Can you spot any symbols or figures in the art that seem uniquely Argentine?
- What role do you think tango, football, or political history play in shaping the street art here?

## **Community and Impact**

- Do you see street art as a form of protest, celebration, or both?
- Would you want a mural like this in your neighborhood? Why or why not?
- How do you think local communities respond to this kind of public art?



### General Myths and Facts

- Myth: Buenos Aires is only about tango and steak.
  - Fact: While tango and steak are iconic, Buenos Aires offers a rich cultural tapestry, including world-class theater, art, diverse neighborhoods, and vibrant Jewish heritage.
- Myth: Buenos Aires is the same as the rest of Argentina.
  - Fact: Buenos Aires is distinct from other regions of Argentina, with its cosmopolitan flair, European-inspired architecture, and unique cultural identity as a port city (porteño culture).
- Myth: Buenos Aires is unsafe for tourists.
  - Fact: Like any large city, Buenos Aires has areas where caution is needed, but it is generally safe for tourists who follow basic travel precautions.
- Myth: Buenos Aires is always warm because it's in South America.
  - Fact: Buenos Aires has a mild, temperate climate. Winters (June-August) can be chilly, with temperatures around 40–60°F (4–15°C).
- Myth: Buenos Aires is just for adults.
  - Fact: The city is family-friendly, with interactive museums, parks, and activities for all ages.



### Cultural and Historical Myths and Facts

- Myth: Tango was created solely by native Argentines.
  - Fact: Tango emerged from a fusion of cultures, including African, European, and Latin American influences, reflecting the city's diverse immigrant population.
- Myth: Buenos Aires doesn't have green spaces.
  - Fact: The city boasts numerous parks and reserves, including Bosques de Palermo and the Costanera Sur Ecological Reserve.
- Myth: Buenos Aires has no connection to world events.
  - Fact: The city played a significant role in global history, including serving as a refuge for European immigrants during World War II and becoming a hub for Jewish refugees fleeing persecution.

## BUENOS AIRES, ARGENTINA – SUSTAINABILITY



- **Green Spaces and Parks:** Buenos Aires boasts numerous green spaces and parks, such as the sprawling Bosques de Palermo (Palermo Woods) and the charming ecological reserve along the waterfront. These areas not only provide recreational opportunities for locals and visitors alike but also serve as vital habitats for native flora and fauna.
- **Bike-Friendly Infrastructure:** The city has invested in expanding its network of bike lanes and promoting cycling as a sustainable mode of transportation. Visitors can easily explore Buenos Aires on two wheels, reducing their carbon footprint while experiencing the city's vibrant neighborhoods and landmarks.
- **Urban Agriculture:** Buenos Aires has embraced urban agriculture initiatives, including community gardens and rooftop farms, which contribute to food security, promote biodiversity, and foster a sense of community engagement. These initiatives showcase the city's dedication to sustainable food production and local resilience.
- **Waste Management and Recycling:** The municipality has implemented comprehensive waste management programs, including recycling initiatives and waste separation efforts. Visitors can witness these practices in action and learn about Buenos Aires' commitment to minimizing environmental impact and promoting a circular economy.
- **Sustainable Tourism Practices:** Many tour operators and accommodations in Buenos Aires prioritize sustainability and responsible tourism practices. From eco-friendly hotels and guesthouses to guided tours that highlight environmental conservation efforts, visitors can support businesses that align with their values and contribute positively to the local economy.
- **Cultural Preservation:** Buenos Aires takes pride in preserving its cultural heritage, including historic neighborhoods, landmarks, and traditions. By supporting cultural tourism initiatives, visitors can contribute to the preservation of the city's identity while gaining a deeper appreciation for its rich history and diverse communities.
- **Public Transportation:** The city's efficient public transportation system, including buses, subways, and trains, encourages visitors to explore Buenos Aires in an eco-friendly manner. By opting for public transit over private vehicles, travelers can reduce greenhouse gas emissions and minimize traffic congestion, contributing to a cleaner and more sustainable urban environment.
- **Environmental Education and Awareness:** Buenos Aires offers educational programs and initiatives aimed at raising awareness about environmental issues and promoting sustainable behaviors among residents and visitors. From interactive exhibits at eco-centers to environmental workshops and events, visitors can learn about the importance of conservation and environmental stewardship.



**Accessible Transportation:**

- The city's public transportation system, including buses, subways, and trains, has been equipped with features to accommodate individuals with mobility challenges. This includes wheelchair ramps, priority seating, and audiovisual announcements to assist passengers with visual or hearing impairments.
- Many buses and subway stations are equipped with elevators and escalators to provide barrier-free access to platforms and vehicles.
- The Subte, Buenos Aires' subway system, features tactile paving and Braille signage to aid individuals with visual impairments in navigating stations and platforms independently.

**Adapted Infrastructure:**

- Sidewalks and pedestrian crossings throughout the city have been improved to ensure accessibility for individuals with mobility aids, such as wheelchairs and walkers. This includes the installation of curb ramps, tactile paving, and audible traffic signals at intersections.
- Popular tourist areas and landmarks, such as Plaza de Mayo and Recoleta Cemetery, have been equipped with accessible pathways and entrances to facilitate entry and exploration for visitors with mobility challenges.

**Accessible Attractions and Facilities:**

- Many of Buenos Aires' museums, galleries, and cultural institutions have made efforts to enhance accessibility for visitors with disabilities. This may include wheelchair ramps, elevators, accessible restrooms, and tactile exhibits.
- Iconic landmarks like the Obelisco and Casa Rosada offer guided tours with accessibility features, such as sign language interpretation and audio guides with descriptive narration for individuals with visual impairments.

**Accessible Accommodations:**

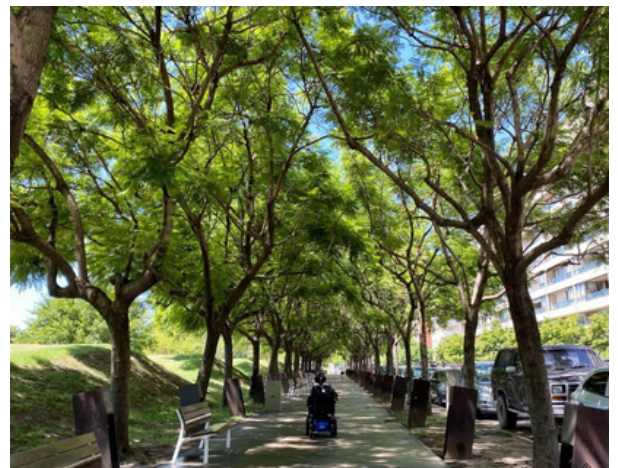
- Hotels and accommodations across Buenos Aires offer accessible rooms and facilities designed to meet the needs of guests with mobility challenges. These rooms typically feature wider doorways, grab bars in bathrooms, and accessible amenities to ensure a comfortable stay.

**Supportive Services:**

- The city provides resources and support services for individuals with disabilities, including information centers and helplines staffed by trained personnel who can assist with inquiries and provide guidance on accessible transportation, attractions, and facilities.
- Accessibility maps and guides are available online and in print, providing detailed information on barrier-free routes, accessible attractions, and amenities for visitors with disabilities.

**Inclusive Tourism Initiatives:**

- Buenos Aires has embraced inclusive tourism initiatives aimed at promoting accessibility and welcoming visitors of all abilities. These efforts include awareness campaigns, training programs for hospitality staff, and partnerships with disability advocacy organizations to ensure that the city remains accessible and inclusive for everyone.



## 24 HOURS IN BUENOS AIRES, ARGENTINA



### Morning

**8:00 AM** - Breakfast at Café Tortoni: Start the day at this iconic café, known for its art nouveau interior and history as a gathering place for artists and intellectuals. Enjoy traditional Argentine pastries like medialunas or tostadas con dulce de leche.

**9:30 AM - Walk Along Avenida de Mayo** - After breakfast, take a leisurely walk along Avenida de Mayo. Admire the European-inspired architecture and stop by the Palacio Barolo, a building inspired by Dante's Divine Comedy.

**11:00 AM - Plaza de Mayo and Surroundings** - Explore Plaza de Mayo, the political heart of Buenos Aires. Visit the Casa Rosada, the executive mansion and office of the President of Argentina. Don't miss the Metropolitan Cathedral and the Cabildo, offering insights into the city's colonial past.

### Afternoon

**12:30 PM - Lunch at San Telmo Market** - Head to San Telmo for lunch. This neighborhood is famous for its antique shops, cobblestone streets, and the vibrant San Telmo Market. Try local dishes like empanadas or choripán.

**2:00 PM - San Telmo Walking Tour** - After lunch, explore San Telmo's street art and architecture. Visit the Plaza Dorrego, watch a street tango performance, and listen to stories about the neighborhood's history.

**4:00 PM - La Boca Neighborhood** - Take a short taxi ride to La Boca. Walk along the Caminito, a colorful street museum and a traditional alley, known for its brightly painted buildings. Visit the La Bombonera stadium, home to Boca Juniors football club.

### Evening

**6:00 PM - Puerto Madero Walk and Bridge of the Woman** - Head to the revitalized port area of Puerto Madero. Walk along the docks, enjoy views of the modern skyline, and see the iconic Puente de la Mujer.

**7:30 PM - Dinner in Puerto Madero** - Choose one of the many upscale restaurants in Puerto Madero for dinner. This area is renowned for its steak and seafood. A reservation at a place like Cabana Las Lilas will offer an unforgettable dining experience with premium Argentine meats.

### Night

**9:30 PM - Tango Show at El Querandi** - No visit to Buenos Aires is complete without experiencing a Tango show. El Querandi offers an intimate setting with a historic backdrop, perfect for enjoying this passionate dance. Make sure to book in advance.

**11:30 PM - Nightcap at Florería Atlántico** - End your day with a drink at Florería Atlántico, a speakeasy bar located beneath a flower shop in the Retiro neighborhood. It's one of the top bars in the world, known for its innovative cocktails.

# BUENOS AIRES, ARGENTINA – EUROPEAN INFLUENCE



## European Influence in Buenos Aires

*How immigration shaped the city's architecture, food, and culture*

Buenos Aires is often described as one of the most European-feeling cities in Latin America, and that identity comes from a major wave of immigration in the late 19th and early 20th centuries. Millions of immigrants, especially from Italy and Spain, along with smaller communities from France, Germany, and Eastern Europe, arrived in Argentina seeking opportunity. They brought with them their languages, traditions, and ways of life, which blended together to shape the Buenos Aires we experience today.

### Architecture: A City Built with European Inspiration

- Many of Buenos Aires' grand buildings were designed in European styles, especially French and Italian, during a period of rapid growth in the early 1900s.
- Wide avenues like Avenida de Mayo were modeled after Parisian boulevards, reflecting a desire to position the city as a cultural capital.
- Landmarks such as Teatro Colón were built with European architects and materials, showcasing world-class design and acoustics.
- In neighborhoods like San Telmo, you can still see older colonial-style buildings that reflect earlier Spanish influence.

### Food: A Blend of Cultures on Every Plate

- Italian immigrants had a major influence on Argentine cuisine, which is why pizza and pasta are so popular throughout the city.
- Buenos Aires pizza often has a thicker crust and generous cheese, showing how recipes were adapted over time.
- Spanish traditions also shaped everyday foods, from pastries to shared meals and café culture.
- Medialunas, similar to croissants, are a staple of breakfast and café life, reflecting European baking traditions with a local twist.

### Language: Spanish with a European Accent

- The Spanish spoken in Buenos Aires has a distinct sound influenced by Italian immigration, especially in its rhythm and pronunciation.
- Local slang, known as lunfardo, developed from a mix of immigrant languages and continues to be part of everyday speech.
- This unique blend gives the city its own voice, different from other Spanish-speaking regions.

**Did you know?** Buenos Aires has one of the largest Italian-descended populations outside of Italy, and this influence is so strong that even the local Spanish sounds different. The rhythm and hand gestures you'll notice in everyday conversation are often said to feel more Italian than Spanish, a lasting imprint of the immigrants who helped shape the city.