

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Main office location: District 5 Senior Center, 2701 S. Presa, Office Hours: 7:30-4:30 or as designated.</p>		<p>1 D5 Senior Center</p>	<p>2 D5 Senior Center</p>	<p>3 Good Friday Senior Center Closed</p> <p>Laura can be reached by calling 726-567-4321.</p>
<p>6 D5 Senior Center</p>	<p>7 *West End Senior Center 1226 NW 18th St. 7:30-11:30</p> <p>D5 Senior Center</p>	<p>8 D5 Senior Center</p> <p>*Virtual Dementia Support Group Call 726-567-4321 to register.</p>	<p>9 D5 Senior Center</p>	<p>10 * Northeast Senior Center 7-4 4135 Thousand Oaks</p>
<p>13 D5 Senior Center</p>	<p>14 *Willie Cortez Senior Center 5512 W. Military Dr. 7:30-11:30</p> <p>D5 Senior Center</p>	<p>15 *NESC Support Group 4135 Thousand Oaks 10:00-11:00</p>	<p>16 D5 Senior Center</p>	<p>17 *Northeast Senior Center 7-4 4135 Thousand Oaks</p>
<p>20 D5 Senior Center</p>	<p>21 *D5 Senior Center 2701 S. Presa *Cafecito con Laurita* Support Group 9:00-10:00</p>	<p>22 D5 Senior Center</p>	<p>23 D5 Senior Center</p> <p>*Festival de Amigos Commander's House 622 S. Flores 10:00-2:00</p>	<p>24 San Jacinto Day Senior Center Closed</p> <p>Laura can be reached by calling 726-567-4321.</p>
<p>27 D5 Senior Center</p>	<p>28 D5 Senior Center</p>	<p>29 D5 Senior Center</p>	<p>Alzheimer's Helpline 24/7 call 1-800-272-3900</p>	<p>Grace Notes Community Choir Every Friday from 10:30-11:30 Caregivers and loved ones with dementia. UT Caring for the Caregiver 210-450-8862</p>

APRIL 2026

Support for family & friends
caring for an elder loved one



Laura B. Keown
Caregiver SOS
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