



# Parkway

Senior Activity Center

## About the

### WellMed Charitable Foundation

The WellMed Charitable Foundation, established in 2006 by Dr. George M. Rapier III is the philanthropic partner of WellMed Medical Management, Inc. As a non-profit 501 (c)3 organization, the Foundation supports older adults through opportunities to help them stay physically, mentally and socially active.

With the goal of healthy living, the Foundation oversees the daily operation of a series of nationally-recognized senior activity centers in Florida and Texas. The senior activity centers are open to the public and provide services to people age 60 or older at no cost.

## Visit our Virtual Senior Center

Enjoy guided activities to do from the comfort of your own home!

- HEALTH INFORMATION
- ARTS AND CRAFT CLASSES
- DANCE CLASSES
- ZUMBA
- CHAIR FITNESS



Scan the QR code using your smartphone camera. Tap the notification to open link.



# CALENDAR OF EVENTS

2415 University Parkway, Sarasota, FL 34243

Mon-Wed-Fri 8am-5pm/ 786-541-0315

<https://www.wellmedcharitablefoundation.org/virtual-center/>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY