



# Little Havana Senior Activity Center

## About the WellMed Charitable Foundation

The WellMed Charitable Foundation, established in 2006 by Dr. George M. Rapier III, is the philanthropic partner of WellMed Medical Management, Inc. As a non-profit 501 (c)3 organization, the Foundation supports older adults through opportunities to help them stay physically, mentally and socially active.

With the goal of healthy living, the Foundation oversees the daily operation of a series of nationally-recognized senior activity centers in Florida and Texas. The senior activity centers are open to the public and provide services to people age 60 or older at no cost.

## Visit our Virtual Senior Center

Enjoy guided activities to do  
from the comfort of your own home!

- HEALTH INFORMATION
- ARTS AND CRAFT CLASSES
- DANCE CLASSES
- ZUMBA
- CHAIR FITNESS
- HEALTHY COOKING



Scan the QR code using your  
smartphone camera. Tap the  
notification to open link.



<https://www.wellmedcharitablefoundation.org/virtual-center/>

## CALENDAR OF EVENTS

2974 SW 8 St. Miami, FL 33135  
Monday-Friday 8am-4pm | Tel: 305.894.4579

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
				
				
				
				